

# Hummos

Lady Ol'ga Kaffa

1 Can Chickpeas  
2 Tbls. Plain Yogurt  
2 Large Cloves  
1 Tsp. Fresh Cilantro (minced)  
Salt (to taste)

3 Tbls. Sesame Tahini  
1 Lemon (juiced)  
Olive Oil (to taste)  
½ Tsp. Cumin

Mash peas in a bowl till they form a paste-like consistency. Blend in all the ingredients except the cilantro. Let sit for at least 1 hour to develop the flavor. Garnish with the cilantro.

Makes 4 sandwiches or dip.