

Hypocras (sweet mulled wine)

From Baroness Lady Genievieve de'Charbonneau

3 cups sweet red wine	2 tbs. cinnamon
2 tsp. fresh grated ginger root	1tbs. cardamom
1 tbs. ground cloves	1 ½ cups sugar

Mix together in a large pot and gently heat for about 15 minutes. Do not boil. Serve at room temperature.